

Name of the course : Master of Physical Education (M. P. Ed.)  
Semester : II-May/June-2024  
Name of the Subject : Physical Education  
Name of the paper : Game of Specialization-803 (iv) Basketball

Duration: 3 Hours

Maximum Marks: 50 Marks

Instruction to Candidates:

- Attempt any five questions
- All questions carry equal marks

- Q1. Explain the Philosophy and techniques of Coaching in detail.
- Q2. Explain Short Term and Long Term planning and management principles for organising an National Basketball Competition.
- Q3. Explain the Principles of load and adaptation and the need and importance of each.
- Q4. Explain the Anthropometric and Physiological considerations of a Basketball player.
- Q5. Explain any two in detail:
- a) Tactical training
  - b) Individual and Team Tactics
  - c) Building a Player portfolio
  - d) Talent identification
- Q6. List down safety and preventive measures at an International Basketball Championship.
- Q7. Write notes on:
- 1) Rehabilitation of 3 basketball injuries
  - 2) Fund raising and Sponsor identification
- Q8. Explain in detail the short term and long term effects of an unhealthy diet on a Basketball Player.

